



Menus For March 2012

rethink the drink

Water hydrates without calories or artificial sweeteners, so it's the perfect beverage choice. But throw-away water bottles are a major source of pollution. So why not keep a reusable water bottle at school to fill at lunch and throughout the school day? We always have fresh, pure water available for students, so why not dive in?



Yuba City Unified School District

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Like to read?



Don't keep it under your hat!

March 2 is Dr. Seuss's Birthday & "Read Across America" Day

Friday, Mar. 2

Breakfast

Who's Who Breakfast
♥ Quesadilla,
♥ Yertle's Mini Cinnis,
Grinch's Cereal Bowl
**Cat in the Hat
Lucky Tray Day**

Lunch Choose One:

♥ Horton's Cheese Pizza,
♥ Sneetches Pepp Pizza,
Sam I Am Taco Salad
Offered with Each Choice:
Dr. Seuss's Happy Birthday Cake

Monday, Mar. 5

Breakfast

♥ Breakfast Burrito,
Peanut Butter & Jelly Bar,
Cereal Bowl

Lunch Choose One:

Asian Chicken Noodle Bowl,
♥ Vegetarian Wrap,
Pizza Cheese Crunchers

Offered with Each Choice:
Fortune Cookies

Tuesday, Mar. 6

Breakfast

Egg & Sausage on a Biscuit,
Peach Smoothie,
Cereal Bowl

Lunch Choose One:

♥ Turkey Hot Dog on a Bun,
Veggie Chef Salad

Offered with Each Choice:
French Fries



MARCH BIRTHDAYS

Ralph Ellison -- March 1
Justin Bieber (18) -- March 1
Dr. Seuss (Ted Geisel) -- March 2
Harriet Tubman -- March 10
Danica Patrick (30) -- March 25
Lady Gaga (26) -- March 28



Wednesday, Mar. 7

Breakfast

♥ Maple Glazed French Toast Sticks w/Syrup,
♥ Hot Oatmeal,
Cereal Bowl

Lunch Choose One:

Oven Roasted Chicken w/Green Beans,
♥ PB & J Sandwich,
♥ BBQ Turkey Sandwich

Offered with Each Choice:
♥ Rice Pilaf

Thursday, Mar. 8

Breakfast

Calzone,
Cheese Omelet w/Tator Tots,
Cereal Bowl

Lunch Choose One:

Breaded Cheese Sticks w/Marinara Sauce,
Yogurt w/Trail Mix,
Breakfast for Lunch

Offered with Each Choice:
♥ Warm Dinner Roll

Friday, Mar. 9

Breakfast

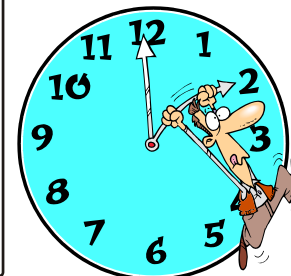
Biscuits & Gravy,
Cinnamon Roll,
Cereal Bowl

Lunch Choose One:

♥ Wedge Cheese Pizza,
♥ Wedge Pepperoni Pizza,
♥ Turkey & Cheese Sandwich w/Tortilla Soup

Offered with Each Choice:
Frozen Juice Cup

DON'T FORGET TO
SPRING FORWARD
ON MARCH 11!



CHOICE BAR

Monday

Breakfast Bar

♥ Scone,
Orange Wedges,
Juice, Peach Cup

Lunch Bar

Lettuce & Tomatoes,
Fresh Apple or Pineapple,
Pickle Chips,
String Cheese,
Raisins

Tuesday

Breakfast Bar

Grahams,
Fresh Banana,
Juice, Roasted Peanuts

Lunch Bar

Taco Salad,
Orange Wedges,
Chilled Peach Cup,
Baby Carrots,
X-Treme Fruit or Fruit Strip

Wednesday

Breakfast Bar

♥ Scone,
Orange Wedges,
Juice, Raisins

Lunch Bar

Spinach Salad,
Banana,
Chilled Applesauce,
Peanut Butter w/Celery,
Fruity Jello

Thursday

Breakfast Bar

♥ Muffin, Fresh Apple,
Pineapple,
Juice

Lunch Bar

Tossed Green Salad,
Orange Wedges,
Chilled Pears,
Broccoli & Cauliflower,
Chortles

Friday

Breakfast Bar

Graham,
Fresh Fruit Choice,
Juice, Trail Mix

Lunch Bar

Caesar Salad,
Fresh Fruit Choice,
Chilled Mixed Fruit,
Cucumber & Tomato,
Cheez-Its

♥ **WHOLE GRAIN**

Lunch: \$2.00 - Breakfast: \$1.00 - - Reduced Lunch \$0.40 - Reduced Breakfast \$0.30



Word of the Month

trust

n. 1. the trait of believing in the honesty and reliability of others
2. confidence or faith in someone or something

Monday, Mar. 12

Breakfast

- Bacon & Egg on a Bagel,
- ♥ Pop Tart w/Yogurt, Cereal Bowl

Lunch Choose One:

- Chicken Tenders, Italian Hot Pocket,
- ♥ Tuna Fish Sandwich w/Chicken Noodle Soup

Offered with Each Choice:

- ♥ Fresh Baked Cookie

Tuesday, Mar. 13

Breakfast

- ♥ Cinnamon Swirl French Toast w/Syrup,
- ♥ Hot Oatmeal, Cereal Bowl

Lunch Choose One:

- Crunchy Taco,
- ♥ Chicken Quesadilla,
- ♥ Cheese Quesadilla

Offered with Each Choice:

- ♥ Spanish Rice

Wednesday, Mar. 14

Breakfast

- ♥ Mini Breakfast Pizza, Buttermilk Bars, Cereal Bowl

Lunch Choose One:

- ♥ Chicken Burger,
- ♥ Bean & Cheese Tamale Pocket,
- ♥ Chicken Tamale Pocket

Offered with Each Choice:

- Potato Smiles

Thursday, Mar. 15

Breakfast

- Breakfast Burrito, Banana/Strawberry Smoothie, Cereal Bowl

Lunch Choose One:

- ♥ Asian Chicken Rice Bowl,
- Veggie Egg Roll
- ♥ w/Steamed Rice,
- ♥ Chili Colorado

Offered with Each Choice:

- Puttling

Friday, Mar. 16

Breakfast

- ♥ Breakfast Quesadilla,
- ♥ Mini Cinnis, Cereal Bowl

Lunch Choose One:

- ♥ Cheese Pizza Strip,
- ♥ Pepperoni Pizza Strip,
- Chicken Fajita Salad

Offered with Each Choice:

- Shamrock Cookie



MARCH 17
Follow a Rainbow to a Pot o' Gold!

Monday, Mar. 19

Breakfast

- English Muffin Cinnamon Treat,
- ♥ Hot Oatmeal, Cereal Bowl

Lunch Choose One:

- ♥ Hamburger on a Bun, Macaroni & Cheese, Peanut Butter & Jelly
- Uncrustable

Offered with Each Choice:

- Tator Tots

Tuesday, Mar. 20

Breakfast

- ♥ Breakfast Pizza, Peach Smoothie, Cereal Bowl

Lunch Choose One:

- Pizza Pocket,
- Bean & Cheese Burrito, Garden Fresh Veggie Croissant Sandwich

Offered with Each Choice:

- Brownie w/Walnuts

Wednesday, Mar. 21

Breakfast

- Pancake & Sausage on a Stick w/Syrup, Egg & Cheese on a Biscuit, Cereal Bowl

Lunch Choose One:

- Corn Dog, ♥ Grilled Cheese Sandwich,
- ♥ Turkey & Cheese Sandwich

Offered with Each Choice:

- Potato Chips

CHOICE BAR				
Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast Bar</u> ♥ Scone, Orange Wedges, Juice, Peach Cup	<u>Breakfast Bar</u> Grahams, Fresh Banana, Juice, Roasted Peanuts	<u>Breakfast Bar</u> ♥ Scone, Orange Wedges, Juice, Raisins	<u>Breakfast Bar</u> ♥ Muffin, Fresh Apple, Pineapple, Juice	<u>Breakfast Bar</u> Graham, Fresh Fruit Choice, Juice, Trail Mix
<u>Lunch Bar</u> Lettuce & Tomatoes, Fresh Apple or Pineapple, Pickle Chips, String Cheese, Raisins	<u>Lunch Bar</u> Taco Salad, Orange Wedges, Chilled Peach Cup, Baby Carrots, X-Treme Fruit or Fruit Strip	<u>Lunch Bar</u> Spinach Salad, Banana, Chilled Applesauce, Peanut Butter w/Celery, Fruity Jello	<u>Lunch Bar</u> Tossed Green Salad, Orange Wedges, Chilled Pears, Broccoli & Cauliflower, Chortles	<u>Lunch Bar</u> Caesar Salad, Fresh Fruit Choice, Chilled Mixed Fruit, Cucumber & Tomato, Cheez-Its

♥ **WHOLE GRAIN**

Lunch: \$2.00 - Breakfast: \$1.00 - - Reduced Lunch \$0.40 - Reduced Breakfast \$0.30

Thursday, Mar. 22

Breakfast

- ♥ Chicken Sausage Slider, ♥ French Toast Sticks w/Syrup, Cereal Bowl

Lunch Choose One:

- Chicken Nuggets,
- ♥ Veggie Cheese Burger, ♥ Bacon Cheese Burger

Offered with Each Choice:

- Rice Krispie Treat

Friday, Mar. 23

Breakfast

- Biscuits & Gravy, Cinnamon Roll, Cereal Bowl

Lunch Choose One:

- ♥ Cheese Pizza,
- ♥ Pepperoni Pizza, Taco Salad

Offered with Each Choice:

- Raisels

Monday, Mar. 26

Breakfast

- Chicken Sausage on a Biscuit, Apple Cinnamon Nada, Cereal Bowl

Lunch Choose One:

- Asian Chicken Noodle Bowl, ♥ Vegetarian Wrap, Pizza Cheese Crunchers

Offered with Each Choice:

- Fortune Cookies

Tuesday, Mar. 27

Breakfast

- ♥ Maple Glazed French Toast Sticks w/Syrup, Scrambled Eggs w/English Muffin, Cereal Bowl

Lunch Choose One:

- Popcorn Chicken,
- ♥ Turkey Hot Dog on a Bun, Veggie Chef Salad

Offered with Each Choice:

- French Fries

Wednesday, Mar. 28

Breakfast

- Bacon & Egg on a Croissant, Waffles w/Syrup, Cereal Bowl

Lunch Choose One:

- Oven Roasted Chicken w/Green Beans,
- ♥ PB & J Sandwich,
- ♥ BBQ Turkey Sandwich

Offered with Each Choice:

- ♥ Rice Pilaf

Thursday, Mar. 29

Breakfast

- ♥ Breakfast Pizza, Blueberry Smoothie, Cereal Bowl

Lunch Choose One:

- Breaded Cheese Sticks w/Marinara Sauce, Yogurt w/Trail Mix,
- ♥ Meatball Sandwich

Offered with Each Choice:

- ♥ Warm Dinner Roll

Friday, Mar. 30

Breakfast

- ♥ Mini Cinnis,
- ♥ Hot Oatmeal, Cereal Bowl

Lunch Choose One:

- ♥ Wedge Cheese Pizza,
- ♥ Wedge Pepperoni Pizza, ♥ Turkey & Cheese Sandwich w/Tortilla Soup

Offered with Each Choice:

- Frozen Juice Cup